



YKCS Eagles Athletics Covenant

Student-Athletes

As Christian student-athletes, we recognize the importance of integrating our **faith** with our athletic pursuits. We strive to honor God in all that we do, both **on and off the court**, understanding that our actions reflect our relationship with Christ. This Code of Conduct serves as a guide to help us uphold our Christian values while participating in athletics at YKCS.

I. Sportsmanship:

- We will demonstrate good sportsmanship at all times, treating opponents, coaches, officials, and teammates with **respect, kindness, and humility**.
- We will acknowledge the importance of **fair play and honesty** in all our interactions on and off the field.

II. Integrity and Honesty:

- We will compete with honesty and integrity, upholding the rules of the game and the guidelines set by our school and respective sports organizations.
- We will not engage in cheating, deceit, or any form of unsportsmanlike behavior.

III. Academic Excellence and Balance:

- We stress the significance of **academic excellence**, understanding that we student-athletes are students first and athletes second.
- To this end, we understand that by having **3 or more assignments overdue** that we are responsible for completing those assignments before being allowed to participate in Athletics.

IV. Respect for Authorities:

- We will **respect** and submit to the authority of our coaches, officials, and administrators, understanding that they are placed in their positions for our growth and development.
- We will adhere to their instructions and guidance, recognizing their role in shaping our character and skills.

V. Team Unity and Encouragement:

- We will strive to build a **sense of unity and camaraderie** within our teams, encouraging and supporting one another in both victories and defeats.
- We will celebrate the achievements and successes of our teammates, fostering a **positive and uplifting environment**.

VI. Physical and Emotional Well-being:

- We will prioritize our **physical health** and safety, engaging in appropriate training, nutrition, and rest.



YKCS Eagles Athletics Covenant



- We will be mindful of our emotional well-being and that of our teammates, offering support and care when needed.

VII. Modesty:

- We will dress modestly and maintain a **respectful demeanor** both on and off the field, reflecting our Christian values in our appearance and behavior.

VIII. Gratitude and Thankfulness:

- We will express gratitude for the opportunities to participate in athletics, recognizing that our abilities are gifts from God.
- We will express **thanks to God** in both victory and defeat.

By signing this Covenant, I commit to upholding these principles to the best of my abilities and striving for excellence both as athletes and as ambassadors of YKCS, Edson and our faith.

Signature: _____

Date: _____

Please return to Mr. Black



YKCS Eagles Athletics Covenant



Parents

As parents and guardians of student-athletes at YKCS, we recognize the critical role we play in supporting and nurturing our children in their athletic endeavors. We commit to upholding the Christian values and principles that are fundamental to our faith. This covenant outlines the standards we will follow to contribute positively to our children's athletic experiences.

I. Exemplify Christian Values:

- We will **model Christian behavior and attitudes**, demonstrating love, respect, and kindness to all individuals involved in athletics, including coaches, officials, fellow parents, and student-athletes.
- We will encourage our children to exhibit good sportsmanship, integrity, and humility in their athletic pursuits.

II. Encourage a Positive Environment:

- We will strive to create a **positive and encouraging environment at athletic events**, fostering an atmosphere where all athletes can excel and grow.
- We will cheer for all participants, not just our own children, acknowledging their efforts and accomplishments.

III. Prioritize Sportsmanship and Fair Play:

- We will reinforce the importance of **good sportsmanship and fair play** to our children, emphasizing values over winning at all costs.
- We will encourage our children to **compete with integrity and respect** for their opponents, coaches, and officials.

IV. Communicate Respectfully:

- We will communicate with coaches and school staff in a respectful and courteous manner, seeking understanding and collaboration for the benefit of our children.
- We will refrain from using disrespectful or derogatory language, whether in person, online, or in any form of communication.

V. Respect the Roles and Decisions of Coaches:

- We will respect the roles and decisions of the coaches and administrators, understanding that they are responsible for the development and well-being of our children as athletes and individuals.
- We will address concerns or disagreements with appropriate channels, maintaining a **respectful and constructive dialogue**. It is expected that the Athlete will contact the Coach first. If this does not resolve the issue then the parent will contact, in order: 1. The Coach (in most cases it is not appropriate to make contact with a coach while a game is being played or after it has just finished) 2. The Athletic Director 3.



YKCS Eagles Athletics Covenant

The School Administrator. We also ask that communication regarding issues (unless very serious) follow a 24 Hour wait period so things can “cool off”.

Vi. Promote an Academic First Perspective:

- We will encourage our children to ensure that their participation does not get in the way of completing their school work. We understand that school policy is that if a student has more than 3 overdue assignments they will not be allowed to participate in Athletics Activities until caught up.
- We will help our children understand that their worth is not solely determined by their athletic achievements.

By endorsing this Parent Covenant, we pledge to the best of our abilities to uphold these principles, embracing our responsibilities and roles as parents to support our children in their athletic journey within the context of our Christian faith.

Keep this for yourself and post it on your Fridge or bulletin board.



YKCS Eagles Athletics Covenant



Coaches

As coaches at YKCS, we recognize the significant influence we hold in shaping the character, skills, and spiritual development of our student-athletes. We are committed to upholding Christian values and principles while fulfilling our responsibilities as coaches. This code of conduct outlines the standards we will adhere to to provide a positive and Christ-centered athletic experience for our students. This Covenant is additionally a reflection of the Responsible Coaching Movement initiated by the **Coaching Association of Canada**. (<https://coach.ca/sport-safety/responsible-coaching-movement>)

I. Exemplify Christian Character:

- We will live out our Christian faith through our actions, demonstrating love, integrity, humility, and respect for all individuals, including athletes, parents, fellow coaches, officials, and school staff.
- We will **encourage and model** good sportsmanship, both on and off the field, instilling these values in our student-athletes.
- We will integrate principles, such as **kindness, gentleness, self-control, discipline, perseverance, and gratitude**, into our coaching methods and interactions with student-athletes.
- We will use opportunities within the context of sports to **share biblical teachings** and help our athletes understand how their faith connects to their athletic pursuits.
- Agree to and follow the **YKCS Statement of Faith**

II. Prioritize the Well-being and Development of Athletes:

- We will place the physical, emotional, and spiritual well-being of our student-athletes as our top priority, striving to create a safe and nurturing environment for them to grow as individuals and athletes.
- We will provide **constructive feedback and mentorship** to aid in the development of each athlete's skills, character, and confidence.

III. Rule of Two

- In following the **Coaching Association of Canada (CAC)** guidelines, YKCS coaches strive to follow the Rule of Two, doing their best to ensure all interactions and communication are in open, observable and justifiable settings.
- This means that in all interactions coaches will strive to have at least one other student-athlete or adult present especially when needing to interact with a single athlete, such as needing to transport a student or waiting for a student to be picked up.



YKCS Eagles Athletics Covenant



IV. **Respect and Cooperation:**

- We will respect the authority and decisions of fellow coaches, administrators, officials, and school policies, cooperating with them to maintain a positive and productive athletic program.
- We will maintain **open lines of communication** with athletes, parents, and fellow coaches, encouraging collaboration and understanding to benefit the athletes and the team. Should questions or concerns arise, it is expected that the Coach contacts the Athlete first. If this does not resolve the issue the coach will contact, in order: 2. The Parent 3. The Athletic Director 4. The School Administration

V. **Fairness and Equality:**

- We will treat all athletes with **fairness and impartiality**, providing opportunities for growth and participation regardless of their skill level, background, or circumstances. Recognizing that in striving for success more skilled players may receive more play time than others in crucial moments. In exhibition games and tournaments (non-playoffs, etc.) the expectation is that all the players on your team see playing time to allow for their development.
- We will strive to create an inclusive and supportive environment that fosters the personal and athletic growth of every student-athlete.

VI. **Continuous Improvement and Professionalism:**

- We will pursue **ongoing education and training** to enhance our coaching skills, staying updated with best practices, safety protocols, and ethical standards.
- We will conduct ourselves in a professional manner at all times, maintaining appropriate boundaries and demonstrating accountability and responsibility.

VII. **Lead by Example:**

- We will be **positive role models** for our student-athletes, showcasing Christian values and behavior in our own lives, on and off the field.
- We will inspire and empower our athletes to live a Christ-centered life, demonstrating that faith and sports can coexist harmoniously.

By affirming this Coach Covenant, I commit to coaching by these principles to the best of my abilities and honoring our responsibility to nurture and guide our student-athletes in their athletic journeys within the context of our Christian faith. By signing this I also agree to the responsibilities as laid out in the **Coaching Responsibility document**.

Signature: _____

Date: _____

(Keep one copy for yourself and return one to Mr. Black)